

NORTHEAST NATURIST FESTIVAL, August 1-6, 2017

Breakfast 8:00- 9:00 AM Lunch: Noon – 1:30 PM Supper: 5:30 – 7:00 PM

TUESDAY, 8/1/2017

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| 1:30 | OPENING FRIENDSHIP CIRCLE - Pavilion Lawn | 11:00 | Pickleball For Beginners - Ray & Tammie Brown - Pickleball Court
<i>Learn the basics of the game of pickleball.</i> |
| 2:30-5:30 | Sweat Lodge Construction - Craig Discher, Judy Chilson - Ceremonial Area
<i>Build the Native American type lodge used during the Festival.</i> | 11:00 | 21 Day Fix: Extreme Eating Plan - Jessica Bergen
<i>Get serious: portion control clean eating; no cheats, no treats; you can do it.</i> |
| 2:30 | Sexuality & Aging - Brian Leonard
<i>Live a fuller sexual/sensual life.</i> | 11:00 | Modeling for Art Classes - LaDonna Allison, Bill Pacer
<i>Being an artist's model. Artists welcome.</i> |
| 2:30 | Cards Against Humanity - Charles Myers
<i>A hilarious party game for horrible people.</i> | 1:30 | Vacation Wrecker's Help Group - Brian Leonard
<i>Conversations and techniques for couples who need a fresh restart who may be dealing with unfortunate inter personal conflicts during their dream vacation.</i> |
| 2:30 | Nudist Lifestyle in Today's Economy - Jerry Dixon
<i>Share experiences, stratagies and tips.</i> | 1:30 | Cooking Demo - Dessert - Susan Rothberg
<i>How to make a simple dessert.</i> |
| 2:30 | Children's Activity: Pool Time Fun | 1:30 | Sweat Lodge Orientation - Craig Discher, Judy Chilson
<i>What to expect, Inipi Purification Ceremony.</i> |
| 3:30 | Puja - Darrell & Nancy Casey
<i>Mostly non-verbal introduction to tantra & each other.</i> | 2:30 | Naturist Rochester - Rich Hauver
<i>Oldest TNS nonlanded club.</i> |
| 3:30 | The Politics of Children in Naturism - Morley Schloss
<i>The challenges to children's participation in naturism: youth camps, home nudity, photography of children, child protective services, adults-only sites and events.</i> | 2:30 | Speed Friending - Beverly Jilson
<i>Get to know new people.</i> |
| 3:30 | West African Drumming for All Ages - John Dodge
<i>Learn the rhythm parts that create an African dance; play in the following African dance class.</i> | 2:30 | Say Hello to Breasts; They Have Something to Tell You - Bob Farnell
<i>Professional breast screening, and the opportunity to learn how to perform your own breast self-examination.</i> |
| 4:30 | Singles Meet & Greet - George Winlock
<i>Get to know other single nudists.</i> | 2:30 | Children's Activity: Pool Time Fun |
| 4:30 | Don't Rub Me the Wrong Way - Bob Farnell
<i>Learn five very effective massage techniques that you can practice on friends, family and loved ones. Bring a blanket or large towel.</i> | 3:30 | First Time & Interesting Nudist Experiences - George Winlock
<i>First times; places, & interesting/funny events.</i> |
| 4:30 | West African Dance for All Ages - John Dodge
<i>African dance movements to build your body and spirit.</i> | 3:30 | Body Image - Thana Rivkin
<i>Video & discussion.</i> |
| 7-10:00 | Coffee House: Welcome Back Meet & Greet - Petra Stone
<i>Coffee provided.</i> | 3:30 | Sundial I - Dave Curtin
<i>Introduction to sundial concepts, designs, & types.</i> |
| 7:00 | We Are Professional Naked People (A Comedy Performance for All Ages) - LaDonna Allison, Bill Pacer
<i>True tales of their experiences as models and actors and "professional naked people."</i> | 3:30 | Children's Activity: Scavenger Hunt - Charles Myers |
| 8:00 | A Sword in the Attic - Bill Cannon
<i>Learn about Thomas Hall, Civil War Union hero, and the genealogical search that rediscovered him.</i> | 4:30 | Values Sort: Your Ideal Nudist Event - Jerry Dixon
<i>Share & rank positive experiences. Experiential.</i> |
| 9-11:30 | Drum Circle & Bonfire with Dancing - John Dodge | 4:30 | The Five Languages of Love - Morley Schloss
<i>Enhance your relationships by discovering your own and your partner's desired expressions of love. Experiential.</i> |
| 9:00 | Naturist Ben (Performance) - Bill Pacer, LaDonna Allison
<i>Life of this important statesman, scientist, & naturist.</i> | 4:30 | Sprouting - John Dodge
<i>Which seeds can be sprouted, easy sprouting and storing techniques, recipes, demo, samples to eat.</i> |
| 10:00 | Deborah Read Franklin (Performance) - LaDonna Allison
<i>The faithful dutiful wife of Ben Franklin. Discover the strengths, passion and dedication of a feisty lady.</i> | 4:30 | Children's Activity: Living with Wolves - Bill Cannon
<i>Your dog is a wolf; the heroic history of your dog's ancestor through videos, stories, and film.</i> |
| 10:00 | Planet Tour - Dave Curtin
<i>Telescope observation of Jupiter, Saturn, and the moon.</i> | 7-10:00 | Coffee House: Team Trivia - Petra Stone
<i>Coffee provided.</i> |
| | | 7:00 | Back to One: Take 2 (Comedy Performance for All Ages) - Bill Pacer, LaDonna Allison
<i>Surviving and loving it. Laugh and cry with this travelog of life on an angle.</i> |

WEDNESDAY, 8/2/2017

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| 9-2:30 | Potters Falls Trip - Morley Schloss
<i>Clothing optional hike through beautiful gorge; swim below waterfall.</i> | 8-10:00 | Square Dance - Casey Carr, caller, & Band
<i>Fun square dances. No experience necessary.</i> |
| 9:00 | Recovery Plus - Brian Leonard
<i>Nonjudgemental 12 step group for individuals, family members and friends struggling with effects of addiction/compulsion.</i> | 9-11:30 | Drum Circle & Bonfire with Dancing - John Dodge |
| 9:00 | Finding Your Roots I - Beverly Jilson
<i>Share experiences in searching for ancestors.</i> | 10:00 | Scrooge In August (performance) - Bill Pacer
<i>Version of Christmas Carol.</i> |
| 10:00 | The Bare Facts of Healthy Laughter - Darrell & Nancy Casey
<i>Experience healthful effects on mind, body, heart and spirit.</i> | 10:00 | Planet Tour - Dave Curtin
<i>Telescope observation of Jupiter, Saturn, and the moon.</i> |
| 10:00 | How Much of a Nudist Are You? - George Winlock
<i>Scale of 1: "compulsively anti-nude" to 10: "tell the world".</i> | | |

THURSDAY, 8/3/2017

- 9:00 **Recovery Plus** - Brian Leonard
Nonjudgemental 12 step group for individuals, family members and friends struggling with effects of addiction/compulsion.
- 9:00 **The Fundamentals of PIYO** - Jessica Bergen
Fusion of yoga & pilates, fat burning for all levels.
- 9:00 **Finding Your Roots II** - Beverly Jilson
Share experiences in searching for ancestors.
- 9:00 **Smoothie Jam for All Ages** - Thana Rivkin
Come enjoy a morning smoothie in your pajamas.
- 10:00 **Ibogaine: The Drug Addiction Interrupter** - Thana Rivkin
What is Ibogaine; how can it help you?
- 10:00 **Stitch 'n Bitch** - Susan Rothberg
Bring your needlework; complain about whatever.
- 10:00 **The Mighty Works of Women in the Bible** - Joseph Hartigan
Women who accomplished great things through the power of God.
- 10:00 **Children's Activity: Native American Arts, Crafts, & Stories** - Stephen Rood
- 11:00 **GENERAL ASSEMBLY**
- 1:30-5:30 **Sweat Lodge** - Craig Discher, Judy Chilson
Native American purification ceremony.
- 1:30-3:30 **Shamanic Journey** - Charles Myers
Journey for a message of spiritual guidance from a power animal or spiritual teacher.
- 1:30 **CaBAREt Rehearsal** - Leonard Lehrman, Helene Williams, LaDonna Allison, Bill Pacer, Stephen Van Eck
An open rehearsal for participants who will work on the singing & dancing of The Naturist Anthem.
- 1:30 **Body Parts Game for All Ages** - Morley Schloss
- 2:30 **Involving Young Adults & Families in Naturism** - Morley Schloss
People aged 18-30 do become active naturists - a successful model for offering what young adults and families want.
- 2:30 **Singles Meet & Greet** - George Winlock
Get to know other single nudists.
- 2:30 **Children's Activity: Pool Time Fun**
- 3:30-5:30 **Consensus Communicate** - Brian Leonard
Consent and boundaries workshop with nonsexual cuddling.
- 3:30 **Every Body Poops, Just Most Don't Talk About It** - Thana Rivkin
What your poop can tell you about your health.
- 3:30 **Exotic Fruit Tasting for All Ages** - John Dodge
Come and taste some interesting tropical fruits you may have never heard of.
- 4:30 **Transformational Meditation** - Darrell & Nancy Casey
Use your breath to connect with inner wisdom and improve your physical, emotional and mental health.
- 4:30 **Children's Activity: Hula Hooping** - Shen Tai & Kemet Rivkin
Come one, come all, and get your waist moving.
- 7-10:00 **Coffee House: Wii Bowling** - Petra Stone
Coffee provided.
- 7-9:00 **Makid: A View From Outside the Box** - John Dodge
Understanding the universe through the eyes of Mother Nature.
- 7:00 **Calamity Jane The Truth --- Maybe. (Performance for All Ages)** - LaDonna Allison, Bill Pacer
Calamity Jane, whose fiction has become truth.
- 8:00 **Naturist CaBAREt** - Leonard Lehrman, Helene Williams, LaDonna Allison, Bill Pacer, Stephen Van Eck
Songs by The Naturist Society Opera-Musical Theater SIG.
- 9-11:30 **Drum Circle & Bonfire with Dancing** - John Dodge
- 9:00 **Southern Africa: Beauty & the Beast** - Thana Rivkin
Slide show.
- 10:00 **Black + White + Santa Claus = 23 (Performance)** - Bill Pacer
Performance & discussion on race, religion, bigotry, Santa Claus & Pope John Paul II.

FRIDAY, 8/4/2017

- 9:00 **Countries Where Tribal Naturism is Still Practiced** - Joseph Hartigan
From remote areas to cosmopolitan regions.
- 9:00 **Recovery Plus** - Brian Leonard
Nonjudgemental 12 step group for individuals, family members and friends struggling with effects of addiction/compulsion.
- 9:00 **Sundial 2** - Dave Curtin
Demonstration of a hemispherical sundial.
- 9:00 **Don't Rub Me the Wrong Way** - Bob Farnell
Learn five very effective massage techniques that you can practice on friends, family and loved ones. Bring a blanket or large towel.
- 9:00 **Children's Activity: Native American Arts, Crafts, & Stories** - Stephen Rood
- 10:00 **How Did You Come to Be a Naturist?** - Jeff Riddlebaugh
Let's hear your stories.
- 10:00 **Being a Photographer's Model** - LaDonna Allison, Bill Pacer
Techniques & practice. Photographers welcome.
- 10:00 **Choices: Values in Relationships Game** - Morley Schloss
Discover/clarify what values are important to you in establishing or enhancing a relationship.
- 10:00 **West African Drumming for All Ages** - John Dodge
Learn the rhythm parts that create an African dance; play in the following African dance class.
- 11:00 **Water Aerobics** - Marianne Thibault
Low impact aerobic exercise.
- 11:00 **Nude Apples to Apples** - Maureen Watts, Pete Burwin
Nude twist on this popular game. Limited to the 1st 10.
- 11:00 **Sweat Lodge Orientation** - Craig Discher, Judy Chilson
What to expect, Inipi Purification Ceremony in the Lakota tradition.
- 11:00 **West African Dance for All Ages** - John Dodge
African dance movements to build your body and spirit.
- 1:30-5:30 **Sweat Lodge** - Craig Discher, Judy Chilson
Native American purification ceremony.
- 1:30 **Nutrition for Healthy Aging** - Jim Leff
The interface between the wisdom of our ancestors and modern nutritional research.
- 1:30 **Naturist Capture the Flag for All Ages** - Sean & Pete Burwin
The naturist version of this team game.
- 2:30 **Dances of Universal Peace** - Jim Leff
Sacred circle dances from the world's religious traditions. Easily learned, a fun and deepening experience.
- 2:30 **Sarong Tying** - Vicki Burt
Learn different ways to tie a sarong.
- 2:30 **Eating Raw I: Kicking the Grain Addiction** - John Dodge
Learn some techniques to prepare food without the use of grains and without cooking. Tips on the latest health food info. We will be making food to sample.
- 3:30 **Protecting Your Digital Life** - Ed Thibault
This can save you thousands of dollars. Learn about digital attacks and defenses including the Internet of Things. Encryption does work but should slow down your device.
- 3:30 **A Gathering of Divine Beings** - Faerie Elaine, James the Beloved
Come together to share and to be heard using simple, ancient ritual in a sacred space. If desired, bring item for altar.
- 3:30 **Body Painting for All Ages** - Charles Myers
- 4:30 **The Joy of Journaling** - Darrell & Nancy Casey
A tool to plant the seeds of transformation.
- 4:30 **How to Choose the Right Fitness Program for You** - Jessica Bergen
Consider fitness level, available time for exercising, type you enjoy - goal setting & excuses.

- 4:30 **Eating Raw 2: Coconuts** - John Dodge
Techniques for selecting and using coconut. Tips on the latest health food info. We will be making food to sample.
- 4:30 **Children's Activity: It's Slime Time** - Shen Tai & Kemet Rivkin
Come make your own slime.
- 7:00-10:00 **Coffee House: Open Mike** - Petra Stone
Coffee provided.
- 7:00-9:00 **Faerie Elaine in Concert** - Faerie Elaine, James the Beloved
The inspiring music of award-winning performer and recording artist Faerie Elaine.
- 7:00 **Children's Activity: Ice Cream Social & Swim** - Maureen Watts, Pete Burwin
- 9-11:30 **Drum Circle & Bonfire with Dancing** - John Dodge
- 9:00 **Mary Ann Harris Gay: Unsung Survivor (Performance)** - LaDonna Allison
Meet an Atlanta woman who was vilified for surviving Sherman's invasion. Was she a traitor or savior?
- 10-11:30 **Nudist Exploitation Films** - Jeff Riddlebaugh
History of early films about nudism, followed by viewing a film from 1933.
- 10:00 **Oneg Shabbat** - Susan Rothberg
Welcome the Jewish Sabbath with wine, and challah. Bring kosher desserts. All beliefs welcome.
- SATURDAY, 8/5/2017**
- 9:00 **Naturism in the Era of Trumpism** - Les Rivkin
Discussion of freedoms.
- 9:00 **Recovery Plus** - Brian Leonard
Nonjudgemental 12 step group for individuals, family members and friends struggling with effects of addiction/compulsion.
- 9:00 **Shakeology, Nutrition, Simplified** - Jessica Bergen
Your daily dose of dense nutrition - samples.
- 9:00 **Religious Symbols & Their Meaning** - Joseph Hartigan
Emblems spanning the world's belief systems.
- 9:00 **Children's Activity: Native American Arts, Crafts, & Stories** - Stephen Rood
- 10-2:30 **Sweat Lodge** - Craig Discher, Judy Chilson
Native American purification ceremony.
- 10-12:00 **Transforming Negative Energy** - Darrell & Nancy Casey
Ways we can release fear around events we can't control and move into our own inner strength and wisdom. Interactive.
- 10-12:00 **Couples Massage I** - Jerry Dixon
Introductory massage techniques.
- 10-12:00 **Children's Activity: Treasure Hunt** - Ann Walden
- 10:00 **UFO's & Extraterrestrials 2017** - Tom Moore
Discussion, answers, & opinions.
- 11:00 **Water Aerobics** - Marianne Thibault
Low impact aerobic exercise.
- 1:00 **David Bowden Memorial Coin Toss** - George Winlock
Securing the legacy of David "the money man" Bowden and experiencing the gift that comes from giving. Coin donations will be accepted.
- 1:30 **Naturist Action Committee: Local Issues in the Northeast** - Susan Rothberg
How to facilitate change. What NAC can do to help.
- 1:30 **Self Defense Hand Techniques** - Bob Breslin
Hand techniques in art of self defense; bring tee shirt.
- 1:30 **Nude Poet's Society** - Ed Thibault
Present your own poetry, your favorite poems, or listen.
- 1:30 **Children's Activity: Pool Time Fun** - Tom Moore
- 2:30 **Letting the World Know - Going Googleable** - Bill Pacer, LaDonna Allison
The joy and dangers of going public.
- 2:30 **Puja** - Darrell & Nancy Casey
Mostly non-verbal introduction to tantra & each other.
- 2:30 **Sarong Tying** - Vicki Burt
Learn different ways to tie a sarong.
- 2:30 **Children's Activity: Food Experiments** - Ann Walden
- 3:30-5:00 **Trance Dance Body Painting** - Brian Leonard
Paint your body in day glo black light paints for evening's Trance Dance.
- 3:30-5:00 **In Every Domestic Dog Beats the Heart of a Grey Wolf** - Bill Cannon
Explore the social nature of the gray wolf and the seemingly strange behaviors of our dogs.
- 3:30-5:00 **How to be Healthy in the 21st Century** - John Dodge
Nutrition, meditation, yoga, visualization, exercise, herbs, aromatherapy, Ayurveda, dancing, drumming and more to maintain your physical and spiritual humanity.
- 3:30-5:00 **Yoga X** - Jessica Bergen
Strength, balance, flexibility, & breath work to enhance your physique & calm your mind - advanced class.
- 3:30-5:00 **Children's Activity: Water Slide, Water Balloon Launch** - Tom Moore
- 5:00 **GROUP PHOTO**
- 7-9:00 **Coffee House: Open Mike** - Petra Stone
- 7:00 **Loving Sex Unleashed (Performance)** - LaDonna Allison
From preacher's kid to liberated lady.
- 7:00 **Children's Activity: Campfire Cooking & Treats** - Ann Walden
- 8:00 **David Redmond in Concert**
Instrumental and folk rock music.
- 9-11:30 **Starring the Pacers (Short Film Clips)** - Bill Pacer, LaDonna Allison
Bill & LaDonna have received many accolades for their screen and stage work. Come and view clips of some compelling scenes and see why this highly respected couple love the independent film scene.
- 9-11:30 **Drum Circle & Bonfire with Dancing** - John Dodge
- 9:00 **Lights on the Lake & Water Ceremony** - Brian Leonard
Enriching and touching water ceremony. See Frog Kick Pond gorgeously lit up.
- 9:00 **Havdalah** - Susan Rothberg
Celebrate the close of the Jewish Sabbath. There will be wine, challah, a mystical multi-wicked braided candle, desserts and singing. All beliefs welcome.
- 10-11:30 **Trance Dance** - Brian Leonard
A blend of tribal, dub step and trance inducing music, for dancing and listening. Body painting at 3:30.
- SUNDAY, 8/6/2017**
- 9-12:00 **Sweat Lodge Deconstruction** - Craig Discher, Judy Chilson
Help take down the sweat lodge so we can reconstruct it another year.
- 9:00 **Nondenominational Christian Worship Service** - Joseph Hartigan
- 9:00 **Recovery Plus** - Brian Leonard
Nonjudgemental 12 step group for individuals, family members and friends struggling with effects of addiction/compulsion.
- 9:00 **Testosterone - Looking Good at 100** - John Dodge
What does testosterone do for us? What foods will increase and decrease it? Why is sunlight exposure so important? Men & women welcome.
- 9:00 **Children's Activity: Native American Arts, Crafts, & Stories** - Stephen Rood
- 10:00 **How Public Are You About Being a Nudist?** - George Winlock
- 10:00 **Growing Through Forgiveness** - Darrell & Nancy Casey
Using music & humor to release the past & get on with our life.
- 10:00 **Couples Massage 2** - Jerry Dixon
For couples with massage experience or Couples Massage 1.
- 10:00 **Children's Activity: We're All Different & Perfect** - Morley Schloss, Maureen Watts
- 11:00 **Water Aerobics** - Marianne Thibault
Low impact aerobic exercise.

11:00	Spiritual Hierarchy in the Heavens - Joseph Hartigan <i>Strongholds, principalities, & the rulers of the "high places".</i>	2:30	Acceptance of Topfree Equality - LaDonna Allison <i>Topfree activist discusses progress.</i>
11:00	Pudding Toss for All Ages - Morley Schloss <i>Messy, gooey free-for-all.</i>	2:30	Sexuality & Aging - Brian Leonard <i>Live a fuller sexual/sensual life.</i>
12-1:30	Skin Cancer Screening - Tom & Lydia Brown	2:30	21 Day Fix Extreme - Jessica Bergen <i>Calorie-scorching moves to produce lean muscle & melt away fat in record time.</i>
1:30	Naturist Action Committee: Skinny Dipping Spots - Susan Rothberg <i>Share safe skinny dipping spots.</i>	2:30	Ethnobotany for Nudists - Jerry Dixon <i>How plants are powerful to prevent viruses, anti-biotic resistant bacteria, and pandemics; simple steps to take for prevention in nudist climes.</i>
1:30	Say Hello to Your Breasts; They Have Something to Tell You - Bob Farnell <i>Professional breast screening, and the opportunity to learn how to perform your own breast self-examination.</i>	2:30	Children's Activity: Children's Parade - John Dodge, Forest Holmes-Dodge <i>Design and paint banners - make music - dance & walk - have fun being a spirit.</i>
1:30	Cards Against Humanity - Charles Myers <i>Hilarious party game for horrible people.</i>	3:30	CLOSING FRIENDSHIP CIRCLE
1:30	Children's Activity: Face Painting - Thana Rivkin <i>Get your face painted for the parade.</i>		