

NORTHEAST NATURIST FESTIVAL, July 31st – August 5, 2018

Breakfast 7:30- 9:00 AM Lunch: Noon – 1:30 PM Supper: 5:30 – 7:00 PM

TUESDAY, 7/31/2018

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| 1:30 | OPENING FRIENDSHIP CIRCLE | 10:00 | Be A Gumby – Easy Stretches – Bob Farnell –
<i>Reduce muscle tightness, increase flexibility, improve posture, reduce stress, enhance immune system, reduce pain, reverse some effects of aging.</i> |
| 2:30 | Tunning In- Brian Leonard & Peytra Stone -
<i>Come transition from the hectic outside world to a community of nature and spirit while pausing to consider your intentions.</i> | 10:00 | Koffee Klatch- Peytra Stone–
<i>Come join us for morning cup of coffee or tea and join the conversation.</i> |
| 2:30 | Eating Raw I - Kicking The Grain Addiction – John Dodge -
<i>Learn some techniques to prepare food without the use of grains and without cooking. Using a dehydrator to make chips and trail mix. Tips on the latest health food info. We will be making food to sample.</i> | 11:00 | Laugh For The Health Of It –Darrell & Nancy Casey –
<i>A laugh a day keeps the doctor away. No punch lines - no jokes-just sharing hearty, fun laughter as we lift our heart while raising our spirit.</i> |
| 2:30 | Puja – Darrell & Nancy Casey –
<i>An Introduction to Tantra and each other. Interactive and experiential.</i> | 11:00 | Posing Your Subjects in Portaiture - Liam Sharp–
<i>Posing basics. How to pose your subject when taking a portrait.</i> |
| 2:30 | Childrens Activity : Pool Time Fun - Steven Rood | 1:30 | Singles Meet and Greet – George Winlock –
<i>Meet other nudist singles.</i> |
| 3:30-5:30 | Touch is Sacred – The Art of Nurturing Touch – Karl Nelson –
<i>Interactive & communicative experience of body & mind, which starts with open conversation and ends with massage.</i> | 1:30 | Introduction to Pickleball –Ray & Tammie Brown –
<i>Learn to play the fastest growing sport in the U.S. Sneakers Required.</i> |
| 3:30 | How Being A Nudist Benefited Me – George Winlock - | 2:30 | Speed Friending – Beverly Jilson –
<i>Get to know new people.</i> |
| 3:30 | Bubble Fun For All Ages – LaDonna Allison –
<i>Make your own bubble machine.</i> | 2:30 | Massage – Bob Farnell –
<i>Massage techniques.</i> |
| 3:30 | Cards Against Humanity -Charles Myers –
<i>Card game for horrible people.</i> | 2:30 | Implicit Biases –Susan Rothberg-
<i>Everyone has prejudices and biases. What are yours? Delve within with us and gain a better understanding of your inner hidden traits.</i> |
| 4:30 | Eating Raw II –Coconut, Cacao, and Healthy Desserts – John Dodge –
<i>Selecting, opening and using coconut. We will be making food to sample.</i> | 2:30 | Children's Activity: Pool Time Fun – Rich Hauver |
| 4:30 | Stitch & Bitch For All Ages – Susan Rothberg –
<i>Bring your needlework or craft work; complain about whatever.</i> | 3:30 | Friendship Bracelets for all Ages – Bert & Laurie Perry- |
| 7-10:00 | Peytra's Coffee House Meet and Greet –Peytra Stone –
<i>Say hello to familiar faces and make new friends. Share highlights from the past year and share news with your community.</i> | 3:30 | Native American Legends –Joseph Hartigan –
<i>Interesting insights surrounding Indian traditions and spiritual culture.</i> |
| 7:00 | Body Parts Game For All Ages – Morley Schloss - | 3:30 | Modeling for Art Classes
– Bill Pacer & LaDonna Allison –
<i>Being an artist's model. Artists welcome.</i> |
| 8:00 | Natural Ben (Performance) - Bill Pacer & LaDonna Allison -
<i>Life of this important statesman, scientist, & naturist.</i> | 4:30 | Testosterone – Feeling Good at 100 –John Dodge -
<i>Hormones keep us alive. Learn what we can do to maintain optimal fuctioning as we age. Learn why some foods are dangerous and why sunlight exposure is so important. Men and women welcome.</i> |
| 9-11:30 | Drum Circle & Bonfire with Dancing – John Dodge | 4:30 | Me Too – Les Rivkin –
<i>Exploration of how sexual abuse and discrimination affected our lives and careers.</i> |
| 9:00 | Magnificent Obsession – Morley Schloss-
<i>TV Shows made during Festival at Empire Haven</i> | 4:30 | Intersting Nudist Experience – George Winlock –
<i>Share experiences.</i> |

WEDNESDAY, 8/1/2018

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| 9-2:30 | Potters Falls Trip-
<i>Clothing optional hike through beautiful gorge; swim below waterfall.</i> | 4:30 | Children's Activity: Coloring Fun – Theresa Frazier & Hayley Snook - |
| 9:00 | How Public Are You About Your Nudist Experiences? – George Winlock | 7-10:00 | Peytra's Coffee House: Team Trivia- Peytra Stone
<i>Test your triva knowledge against other teams. Win prizes and bragging rights.</i> |
| 9:00 | Recovery Plus – Brian Leonard –
<i>For individuals, family members and friends struggling with effects of addiction/compulsion.</i> | 7-9:00 | Square Dance For All Ages- Casey Carr -
<i>Fun square dances. No experience necessary.</i> |
| | | 9-11:30 | Drum Circle & Bonfire with Dancing – John Dodge- |
| | | 9:00 | Golf Cart Drive In Movie – Brian Leonard |

THURSDAY, 8/2/2018

- 9:00 **The Five Languages of Love** – Morley Schloss –
Enhance your relationships by discovering your own and your partner's desired expressions of love. Experiential.
- 9:00 **Recovery Plus** – Brian Leonard –
For individuals, family members and friends struggling with effects of addiction/compulsion.
- 9:00 **What is your Naked Comfort Level?** – Pat & Wib Daley- *With family, friends, service providers, and other textiles.*
- 10:00 **Be a Gumby – Easy Stretches** - Bob Farnell –
Reduce muscle tightness, increase flexibility, improve posture, reduce stress, enhance immune system, reduce pain, reverse some effects of aging.
- 10:00 **Koffee Klatch** –Peytra Stone –
Morning cup of coffee or tea and join the conversation.
- 10:00 **The Dance Of Togetherness And Independence In A Relationship** – Lee Hencen & Murray Schecter –
How to find a balance between time together and time apart.
- 10:00 **Children's Activity: Naturist Writing for N Magazine-** Susan Rotherberg –
Write or dictate a story.
- 11:00 **GENERAL ASSEMBLY**
- 1:30 **Exotic Fruit Tasting for All Ages** –John Dodge –
Taste some interesting tropical fruits you may have never heard of.
- 1:30 **Love Builders – What is Love?** – Darrell & Nancy Casey- *How can we create more of what we want in loving relationships? Interactive with music and laughter.*
- 1:30 **Metamorphosing into a Nudist Family : One Family's Journey** – Brian & Holden Leonard
- 2:30-4:30 **Consensus Communicate** -Brian Leonard –
Consent and boundaries workshop with nonsexual cuddling.
- 2:30 **Free Your Body, Free Your Voice** –Leonard Lehrman & Helene Williams –
Find the voice you never knew you had.
- 2:30 **Soak Up The Sun Safely** – Bob Farnell –
Ratings and prices of more than 70 sunscreen products. Samples. Try them, make your choice.
- 2:30 **Children's Activity: Pool Time Fun** – Stephen Rood
- 3:30 **Letting the World Know** – Bill Pacer & LaDonna Allison *The joys and dangers of going public.*
- 3:30 **West African Drumming for All Ages** – John Dodge
Learn the rhythm parts that create an African dance.
- 4:30 **Involving Young Adults & Families into Naturism** – Morley Schloss –
People aged 18-30 do become active naturists – a successful model for offering what young adults and families want.
- 4:30 **Sundial I** – David Curtain –
Demonstration and explanation of a hemispherical sundial.

- 4:30 **West African Dance For All Ages** – John Dodge –
Basic African dance movements designed to build your body and your spirit.
- 7-10:00 **Coffee House: Game Night** – Peytra Stone - *Bring board and card games or play the ones provided.*
- 7:00 **Memories and Music of Lenard Bernstein: A Naturist CaBAREt -TNS Opera /Musical Theatre SIG**
- 7:00 **Children's Activity – Manhunt-** Holden Leonard
- 8:00-10:00 **The Naked Truth Naturally Performance** -Bill Pacer- *Autobiographical amazing adventures.*
- 9-11:30 **Drum Circle & Bonfire with Dancing** – John Dodge-
- 10:00 **Live Comedy / Talent Review - Rehearsal** – Wylie Richardson -

FRIDAY, 8/3/2018

- 9:00 **Choices: Values in Relationships Game** – Morely Schloss- *Discover/clarify what values are important to you in establishing or enhancing a relationship.*
- 9:00 **Recovery Plus** – Brian Leonard –
For individuals, family members and friends struggling with effects of addiction/compulsion.
- 9:00 **Celtic Knot Art** -Joseph Hartigan-
The significance behind the designs.
- 10-12:00 **Touch is Sacred** – Karl Nelson –
The art of nurturing touch.
- 10:00 **Be a Gumby – Easy Stretches** – David Ireland-
Reduce muscle tightness, increase flexibility, improve posture, reduce stress, enhance immune system, reduce pain, reverse some effects of aging.
- 10:00 **Koffee Klatch-** Peytra Stone -
Morning cup of coffee or tea and join the conversation.
- 10:00 **Children's Activity: Ready, Set, Smoothy** –Beth Fiume-
Design your own drink.
- 11:00 **Singles Meet and Greet** – George Winlock - *Meet other singles*
- 11:00 **Water Aerobics** – Marianne Thibault -
- 11:00 **Children's Activity : Why Children Want to be Clothed at Empire Haven.**
– Morley Schloss & Susan Rothberg-
Share your feelings.
- 1:30 **Spiritual Mapping** – Joseph Hartigan-
How territorial spirits affect festivals, communities, states, and nations.
- 1:30 **Pudding Toss for All Ages** – Morley Schloss –
Messy, gooey free-for-all.
- 1:30 **Nudism or Exhibitionism?** – Pat & Wib Daley –
Do we know the difference? Why should we care? Discussion.
- 2:30-4:30 **Naked Diversity; Nudist, Naturist, or None of the Above** – Brian Leonard-
Panel discussion: How the naked community at large contributes to the movement going forward.
- 2:30 **Sarong Tying** – Vicki Burt –
Learn different ways to tie a sarong.
- 2:30 **Sundial II** –David Curtain –
Demonstration and explanation of a "bowstring" type sundial that uses a specially shaped shadow for improved agreement with a mean or "clock" time.

2:30	Children's Activity : Pool Time Fun – Stephen Rood-	10:00	Koffee Klatch –Peytra Stone- <i>Morning cup of coffee or tea and join the conversation.</i>
3:30	Learn How To Play Chess For All Ages - Donovan Fischer- <i>A child's experience of studying chess for many years. Movement of the pieces, opening moves, and basic strategies.</i>	10:00	Stitch & Bitch For All Ages - Susan Rothberg – <i>Bring your needlework or craft work; complain about whatever</i>
3:30	Protecting Your Digital Life –Ed Thibault – <i>Learn about digital attacks and defenses. This can save you thousands of dollars.</i>	11:00	Healthy Habits Aren't Hard to Make – Christopher Fischer – <i>Changing one's lifestyle to incorporate positive changes. In this discussion, areas of emotional, spiritual, and physical wellness will be addressed with suggestion to fit ones everyday life.</i>
4:30	Live Comedy/Talent Review – Rehearsal – Wylie Richardson-	11:00	Water Aerobics – Marianne Thibault -
4:30	Sprouting – Going Beyond Lettuce –John Dodge – <i>Easy sprouting and storing techniques, recipes, demos, and samples to eat.</i>	11:00	Monogamy at a Swingers Conventions - Pat & Wib Daley - <i>An exercise in tolerance, understanding, and finding "common ground".</i>
4:30	Naturist Rochester – Rich Hauver- <i>Oldest TNS nonlanded club.</i>	11:00	Children's Activity: Live Hacks – Ann Walden - <i>Build with common objects.</i>
4:30	Children's Activity: Tell the Tale – LaDonna Allison- <i>Pick a story; act it out.</i>	1:00	David Bowden Memorial Coin Toss - George Winlock- <i>Experiencing the gift that comes from giving.</i>
7:00	Children's Activity– Ice Cream Social – Beth Fiume	1:30	Naturist Action Committee: Local Issues in the Northeast and Skinny Dipping Spots – Susan Rothberg – <i>Updates.</i>
7-9:00	Faerie Elaine in Concert - Faerie Elaine Silver & James The Beloved – <i>The inspiring music of award-winning performer and recording artist Faerie Elaine.</i>	1:30	Nude Poet's Society - Ed Thibault – <i>Present your own poetry, your favorite poems, or listen.</i>
7-10:00	Coffee House: Meet and Greet Community – Peytra Stone– <i>Say hello to familiar faces and make new friends. Share highlights from past year.</i>	1:30	Sundial III – David Curtain- <i>Demonstration of a sundial on the statue "La Verite" that used to reflected light to indicate time.</i>
7-9:00	Makid: A View From Outside The Box – John Dodge - <i>Understanding the universe through the eyes of Mother Nature.</i>	1:30	Children's Activity: Food Experiments – Ann Walden-
9:00	Oneg Shabbat – Susan Rothberg – <i>Open the Jewish Sabbath. All welcome</i>	2:30	Hugging Is A Touchy Subject – Darrell & Nancy Casey - <i>Nude hugging. Experiential with music and laughter.</i>
9-11:00	Re-Creating Relationships-Avoiding Marriage Meltdowns - Darrell & Nancy Casey – <i>Comparing a relationship in which a man is cheating on his wife with an open relationship in which loving more than one is embraced.</i>	2:30	Sarong Tying -Vicki Burt – <i>Learn different ways to tie a sarong.</i>
9-11:30	Drum Circle & Bonfire with Dancing - John Dodge-	2:30	Improv Games – LaDonna Allison <i>Unleash your inner child.</i>
SATURDAY, 8/4/2018		2:30	Children's Activity: Pool Time Fun – Stephen Rood-
9:00	A Gathering of Divine Beings – Faerie Elaine Silver & James The Beloved- <i>Share and be heard using ancient ritual in a sacred space.</i>	3:30-5:00	How to be Healthy in the 21st Century - John Dodge - <i>Nutrition, meditation, yoga, visualization, exercise, herbs, aromatherapy, Ayurveda, dancing, drumming and more to maintain your physical and spiritual humanity.</i>
9:00	Recovery Plus – Brian Leonard – <i>For individuals, family members and friends struggling with effects of addiction/compulsion.</i>	3:30-5:00	Angels In Your Life – Messengers, Guides, Protectors , and Avengers – Joesph Hartigan- <i>Add to the discussion your experiences with angels.</i>
9:00	UFO's and Extraterrestrials –Thomas Moore - <i>Discussion, answers, & opinions.</i>	3:30-5:00	Children's Activity: Treasre Hunt – Ann Walden-
9:00	Mastering Exposure in the Manual Mode –Liam Sharp - <i>Creating a connection with your portrait subjects to caputre the essence of the person.</i>	3:30-5:00	The Benefits of Gardening – Peytra Stone- <i>Learn some tricks of the trade from an avid hobby gardener. Garden tour included.</i>
10:00	Cards Against Humanity – Charles Myers- <i>Card game for horrible people.</i>	5:00	GROUP PHOTO
10:00	Be a Gummy – Easy Stretches – David Ireland- <i>Reduce muscle tightness, increase flexibility, improve posture, reduce stress, enhance immune system, reduce pain, reverse some effects of aging</i>	7:00	Children's Activity – Man Hunt – Holden Leonard
		7-8:30	Mask and Body Painting – Brian Leonard-
		7-9:00	Coffee House: Open Mike -Peytra Stone- <i>Share songs, stories, poem, or other talents.</i>

7:00	Loving Sex Unleashed (Performance) – LaDonna Allison- <i>From preacher's kid to liberated lady.</i>	10:00	Friendship Bracelets for All Ages – Bert & Laurie Perry
8:00-9:30	David Redmond in Concert – David Redmond- <i>Instrumental and folk rock music.</i>	11:00	Naturism and Gender in Modern Times- Murray Schechter & Lee Hencen – <i>Learn current concepts and affect on naturist resorts, gatherings, events and clubs.</i>
9:00	Lights on the Lake & Water Ceremony – Brian Leonard- <i>Enriching and touching water ceremony.</i>	11:00	Water Aerobics – Marianne Thibault-
9:30	Saturday Night Live /and Nude/ Permormance - Wylie Richardson & Cast-	11:00	Fun Dessert Making For All Ages – Susan Rothberg-
9-11:30	Drum Circle & Bonfire with Dancing – John Dodge-	12-1:30	Skin Cancer Screening – Tom & Lydia Brown-
10:30-11:30	Trance Dance – Brian Leonard – <i>Tribal, dub step and trance for dancing or listening.</i>	1:30	Naturist Action Committee: Area Representatives – Susan Rothberg- <i>The importance of NACARS; How to become one.</i>
SUNDAY, 8/5/2018			
9:00	Nondenominational Christian Worship Service – Joesph Hartigan	1:30	Being A Photographer's Model – Bill Pacer & LaDonna Allison- Techniques and practice. Photographers welcome.
9:00	Recovery Plus – Brian Leonard – <i>For individuals, family members and friends struggling with effects of addiction/compulsion.</i>	1:30	Converse with an American Athiest – Joe Riggins – <i>The organization American Athiests. What do they want? What do they believe?</i>
9:00	Acceptance of Topfree Equality – LaDonna Allison- <i>Topfree activist discusses progress.</i>	2:30	Children's Activity: Hula Hoops and Balls – Beth Fiume
9:00	Portracture, Capuring The Essence Of The Person –Liam Sharp- <i>Creating a connection with your portrait subjects.</i>	2:30	Global Warming – Joseph Hartigan – <i>Pros and cons of an obvious, yet controversial issue.</i>
10:00	Be a Gumby – Easy Stretches – David Ireland- <i>Reduce muscle tightness, increase flexibility, improve posture, reduce stress, enhance immune system, reduce pain, reverse some effects of aging.</i>	2:30	Us Too? - Beverly Jilson- <i>Nudists and the Me Too Movement. Share thoughts and ideas.</i>
10:00	Koffee Klatch – Peytra Stone- <i>Morning cup of coffee or tea; join the conversation.</i>	2:30	Puja –Darrell & Nancy Casey- <i>Tantra and each other. Interactive and experiential.</i>
10:00	Men's Discussion Time – Charles Myers – <i>What is on your mind as a naturist male? Are you a King, Lover, Warrior , or Magician?</i>	3:30	Children's Activity: Children's Parade – John Dodge & Family- Design and paint banners – make music – dance and walk – have fun being a spirit.
			CLOSING FRIENDSHIP CIRCLE