



Western Naturist Festival 2022 — *Sun Kissed And Barefoot All Over* Schedule of Events:



Thursday, August 18

9 am — 9 pm • **Registration** is open! Please check in at the office.

9 am — 11 am • **Decentralized Food Forestry 101.**
Restaurant Lawn/Oak Tree

9:45 am — 5 pm (approximate end time) • **Bonny Doon Beach Trip.** We will *meet near the Lupin office* and carpool to the beach, leaving at 10 am. Pack your own lunch (or stop on the way) and bring water for the day. The morning fog should disappear by the time we make our way to the beach. *Charlie P.* will be leading this adventure.

3:00 pm — 3:45 pm • **Mandala Madness.** Descend into this Ancient Board Game with *Lori Kay.* *Restaurant Lawn/Oak Tree*

4 pm • **Welcome and General Assembly.** Meet the folks from Lupin and workshop leaders. Step up and introduce yourself — we're glad you're here! Hosted by Lupin owner, Lori Kay, SCNA president Rolf, and Cynthia of the TNSF Board. *Restaurant Patio*

4:30 pm • **Theater Improv and Ice Breakers.** *Rochelle.*
Restaurant Patio

5 pm • **Women in Naturism.** Sit down for a chat with women who work within, and advocate for the naturist movement and body acceptance. *Rochelle & Lori Kay.* *Restaurant Lawn.*

5:30 pm — 6:30 pm • **Books, Naturist Style.** Share your favorite naturist book with others, and discuss why. *Restaurant Lawn/Oak Tree*

6:30 pm — 7:30 pm • **Naturist Post Card Themes.** Spoofing Nudist Camp life in Comic Postcards. *Mark Storey* via **ZOOM**
Restaurant Lawn/Oak Tree

7:00 pm — 8:00 pm • **Billiards in the Buff.** The best way to play billiards! Beverage specials will be offered in the restaurant.
Lounge

8 pm • **Movie.** Naturist Movies Part 1 — Historical Videos.
Charlie P. *Restaurant Lounge*

Come Celebrate Naturism at Lupin!

Be at peace with your wonderful body and its place in Mother Nature. Enjoy the workshops, the music, the dance, meet old friends, and make new friends who share your goals for a natural life. There are too many activities to include them all, but you will perhaps especially enjoy:

- ***Women in Naturism***
- ***Ecstatic Dance***
- ***Fun and Games***
- ***Wine Tasting***
- ***Movies***
- ***Gardening and Low Impact Living***
- ***Clothing-Optional Beaches and a Local Skinny-Dipping Excursion!***
- ***Variety Show and Improv***
- ***And so Much More!***

Friday, August 19

9 am — 9 pm • **Registration** is open! Please check in at the office.

9 am — 11 am • **Decentralized Food Forestry 101.**
Restaurant Lawn/Oak Tree

9:30 am • **Bay Leaf Cutting with Carmen.** Bay laurel, or *Laurus Nobilis*, is a powerful magickal plant which is ruled by fire and the sun. Its magickal properties include healing, protection, love and success, plus, it adds tons of flavor to every day dishes. *Restaurant Lawn/Oak Tree*

10:00 am • **Book Club - “Boys in the Boat”** As part of the ongoing Zoom series by the Naturist Society Foundation we will be discussing our latest book. *Carmen Hamm via ZOOM*
Restaurant Lawn

11:00 am • **Nude Beaches.** Talk nude beaches with the Godmother of the Clothing-Optional Wreck Beach — *Judy Williams.* *Restaurant Lawn*

1:00 pm • **Do’s, Don’ts & Donuts of Social Media.** Get the 411 on the fast changing world of social media. *Carmen Hamm.*
Restaurant Patio

2:00 pm • **Public Nudity and Offense.** Get the skinny on naturism and the law with *Mark Storey via ZOOM.* *Restaurant Lawn/Oak Tree*

3 pm • **Western Naturist Festival Group Photo.** *Waterfall Lawn/Redwood Grove*

3:30 pm • **Naturist Trivia.** Are you a naturist aficionado? Let’s find out. *Rolf Holbach.* *Waterfall Lawn/Redwood Grove*

4:00 pm • **TNSF Lifetime Membership Meet & Greet.** Lifetime members, and those who have been thinking about becoming a lifetime member should join in this lively discussion. *Carmen Hamm.* *Restaurant Lawn/Oak Tree*

5 pm • **Let’s Own Our Naturism.** The need to own one’s naturism — and this is particularly true of women in naturism. Let’s discuss with *Judy Williams.* *Restaurant Lawn/Oak Tree*

5:30 pm • **Regional Wine Tasting.** Hosted by *Lori Kay.*
Restaurant Patio

6:30 pm • **“The Nudels Of Nudeland.”** The message of this film is about freedom — not just freedom from clothes, but freedom from the shame and anxiety associated with being nude and finding a place where nudists belong. *Rolf Holbach.* *Lounge*

8 pm • **Sing Along and S’mores.** Join *Charlie, Lynn, & Myla* for a tune or two and a sweet treat. *Restaurant Lounge*

Saturday, August 20

9 am — 9 pm • **Registration** is open! Check in at the office.

9:00 am • **Gentle Shady Hike.** Start your day off beautifully by taking in the sights and sounds of Lupin on a leisure morning walk. Meet at the **Restaurant Patio**

9:00 am • **How to set up a landed club.** *Rolf and Cynthia Holbach* sit down and discuss the pros, the cons, and how to pull it all together to get a landed club off its' feet. **Restaurant Lawn/Oak Tree**

10:00 am • **VOLLEYBALL TOURNAMENT.** *Volleyball Court*

11:00 am • **Western Tantra.** *James Beeby and Dave.* Tantra in Sanskrit means "to weave," as in to interweave your thread of life with that of others to create a tapestry, an integrated whole that serves a purpose or tells a story. (James Beeby is the author of several books, including a trilogy on Tantra meditation.) **Restaurant Lawn/Oak Tree**

11:00 am • **What is the future of naturism?** Bring your thoughts and crystal balls...what does the future hold? *Dave R.* **Restaurant Lawn**

1:00 pm • **Yoga with Elle.** *Upper Pool Lawn*

1:00 pm • **LEFT, RIGHT, CENTER.** Bring a few one dollar bills for a rousing game of LCR with *Sonya.* **Restaurant Patio**

2:00 pm • **How to Take Naturist Pictures.** *Restaurant Patio*

3 pm — 4 pm • **Naturist Libraries.** Library adventures with *Carl Hild.* **Waterfall Lawn/Redwood Grove**

3:00 pm — 4:15 pm • **Women in Naturism Podcast.** While host Samuel Donner experiences his first Nude interview, Lori Kay answers his questions showing vulnerability, the strength to overcome and extreme perseverance as a woman, wife, mother and business owner. This is a very deep interview which will especially resonate with women. **Restaurant Lawn/Oak Tree**

4 pm • **Ecstatic Dance with Meet Matter.** Dance all night into the dawn. **Waterfall Lawn/Redwood Grove**

4:15 pm — 5:00 pm • **Naturist Hub.** Webmaster and designer of Lupin's and Western AANR websites. *George Oberle.* **Restaurant Lawn/Oak Tree**

5:30 pm • **Regional Wine Tasting.** Hosted by *Lori Kay.* **Restaurant Patio**

8 pm • **Variety Show.** *Oak Tree Stage*



**BE PART OF THE
LUPIN
VARIETY SHOW!**

Do you have the itch to perform?
Do you want the crowds to adore you?
Be part of the Lupin Variety Show!

Hosted by Sara G. at 8 pm on
Saturday, August 20

Contact the Lupin Office at (408) 353-9200

Sunday, August 21

9 am — 9 pm • **Registration** is open! Check in at the office.

10:00 am • **Stretching and Hike with Myla.** Start your day off beautifully with a gentle stretch while taking in the sights and sounds of Lupin. Includes a short hike. Meet at the **Restaurant Patio**

10:00 am • **Top Freedom and Women in Naturism.** Let's talk about women and the naturist movement with naturist activist — *Judy Williams.* **Restaurant Lawn**

11:00 am • **Interactive Comedy.** *Oak Tree Stage Restaurant Patio*

1:00 pm • **Qi - Gong.** *Michael. Waterfall Lawn*

1:00 pm — 1:30 pm • **Table Read of the play "Stark."** *Rolf Holbach. Restaurant Lawn*

1:30 pm • **Your Favorite Places to Go Nude.** Bring your stories and your smile:) *Dave R. Restaurant Lawn*

2:00 pm • **Fur Babies, and the naturists who love them.** *Restaurant Patio*

2:00 pm • **Meditation.** *Waterfall Lawn*

3:00 pm • **Composting with Worms.** *Restaurant Lawn/Oak Tree*

3:00 pm • **Jewelry - Wire Wrapping.** *Restaurant Lawn/Oak Tree*

3:00 pm • **Water Volleyball Tournament.** *Upper Pool*

4:00 pm — 5:00 pm • **Belly Dancing with Carmen.** Every BODY deserves access to joyful dance and movement. *Restaurant Lawn/Oak Tree*

Monday, August 22

11:00 am • **SECRET NUDE SWIMMING SPOT** *Darin & Charlie are leading this most excellent adventure! Meet at office to car pool.*

